

# PEAT - A CARBON CAPTURE SUPERPOWER!

### What is Peat?

Peat is a special type of soil that is formed in marsh land. The lack of oxygen in the wet conditions slows down the decay of the dead plants which then turn into layers of peat.

### Why is it Important?

Peatland plants act like a sponge, absorbing the carbon dioxide produced by burning coal and gas and keeping it locked underground. This helps to maintain the Earth's temperature, but they can only do this if they are not disturbed.

### Can you find all ten words?

J Y Q X W H I S T O R Y H F F NKBIODIVERSITYI GNGLRGOMTCWEIKT AAFFAVNUSOILENZ TCARBONSTORAGE ZUBWATERQUALITY YIINWPOWGGOL EEEKLNOQHDHSOAB NXKRIYOBVPZFSPU LHFTWYIWSSBGDNS PRIFKGSPEATUG XKRRVRKTZXALMVF WSICVDJOIXVHKLC

□Carbon storage □Biodiversity □Peat □Climate change □ Water Quality □ Soil

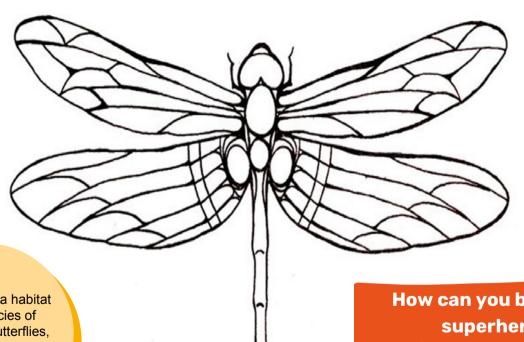
□ Fenland □ History □ Wildlife □ Nature

Peat is great at preserving archaeology such as weapons and leather shoes used by people thousands



of years ago

# **Colouring Page**

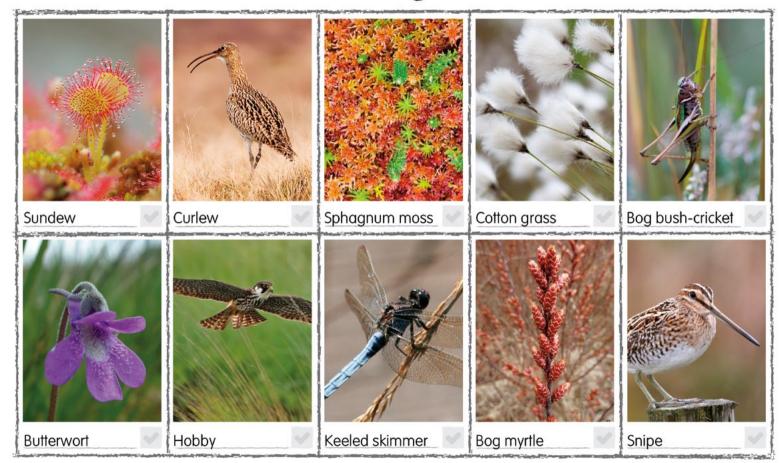


Peatlands are a habitat for rare species of dragonflies, butterflies, beetles, birds and plants.

### How can you be a peat superhero?

One of the most important things we can do to help is not buying peat compost for our gardens. Find out how you can make your own compost on page 6.

# Peatland and bog wildlife Wildlife



# How to make simple compost



### You will need

- · A compost bin, with a lid\*
- · A well-drained, easy to access area
- Green compostable ingredients
- Brown materials, 经分 like straw and scrunched-up paper
- A gardening fork

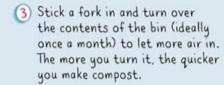


Compost worms are brilliant recyclers so put them to use on your green waste. The finished compost will enrich your garden soil, benefiting even more earthworms! This rich soil also boosts flowers. veggies and other plants.

- Carefully make holes in the base of your bin if it doesn't have any. Then place it on or close to bare soil to let worms wiggle in.
- (2) Start putting stuff in... mix brown materials, like straw and paper, with nitrogen-rich ones like veggies and tea bags.







(4) It can take from six months to two years, but when it's ready you'll find rich, dark, fabulous compost. Use it!



Don't worry if there are lumps, bumps and bits of eggshells.











raw fruit and



straw cuttings



& dead plants newspaper



coffee grounds





cooked food scraps



cat or dog poo



meat or bones



seedheads



perennial weed roots



# n: Corinne Welch @ Copariabt Roual Society of Wildlife Trusts 9031

# Plant a bog garden



### You will need

 Upcycled old plastic garden trug (ensure sides aren't split)



 Gravel or pea shingle



· Garden soil \_



 Leaky hose with stopper in one end



• Drill

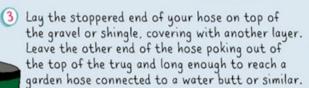


### Suggested bog plants

- Common valerian
- Marsh bedstraw
- · Purple loosestrife
- Marsh marigold
- · Water avens
- Water forget-me-not

Bog gardens can help a huge range of wildlife. Not only can swallows and house martins use the mud to build their nests in the spring, mini bogs can also provide valuable habitat for creatures like frogs, toads and dragonflies! Bog gardens are excellent alternatives to a pond if you have very young children.

- 1 Drill holes in the bottom of your trug about 5cm apart.
- 2 Place a layer of gravel or pea shingle in the bottom.







Position it within 5m of a water butt

You can stand the trug on a patio instead, but remember the water will leak out so can make the paving wet!

Fill the trug to the brim with garden soil. Plant one or two bog plants to one side but leave the other side for bare mud.

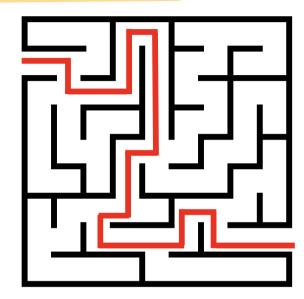


- (5) If soil feels dry, connect the leaky hose to a water butt to re-wet.
- Oig a hole to sink your trug into the ground, so the top is level with the surrounding soil.



## **Answers**





### To find out more about peat visit:

www.lincstrust.org.uk/FEPP www.iucn-uk-peatlandprogramme.org

The Fens East Peat Partnership is funded by a Peatland Discovery Grant awarded by Nature for Climate Peatland Grant Scheme and administered by Natural England working together to restore and preserve peatland in low-lying areas of Lincolnshire, Cambridgeshire, Norfolk and Suffolk.













